

CHIJ Katong Convent
Simple in Virtue, Steadfast in Duty

Transitioning to Upper Secondary

Sec 3 Parent Engagement

13 January 2025

Overview of Student Development (Sec 3)



CHIJ KATONG CONVENT



*When our KC Girls
walk out of our gates
after 4 or 5 years,
What do we hope to
see in them?*



How do we get to our end goal?

What is our **unique KC Experience**, that embodies our heritage and culture?

What sets us aside from other schools?

What are the **milestones and focus** as they progress along with us for the next 4 to 5 years?



Student Development Roadmap



SAIL-ing Ahead

An aerial photograph of a white sailboat with a blue stripe on its sail, sailing on clear turquoise water. The boat is positioned in the upper right quadrant of the image, moving towards the bottom left.

This theme reflects the idea of our students preparing a year long journey from the PIER of the **Convent by the Sea.**

The “**SAIL**” symbolizes forward motion, and growth guided by a strong moral compass and GPS



Graduation Ceremony
“Dreams Set SAIL”

An aerial photograph of a white sailboat with a single mast and a large white sail, sailing on clear turquoise water. The boat is positioned in the lower right quadrant of the frame, moving towards the upper left. The water's surface is covered in small, shimmering ripples. The overall scene is bright and serene, with a clear blue sky visible in the background.

Strengthen Our Foundation

Appreciate Our Community

Ignite Our Potential

Launch Our Dreams



Being a good *Role Model*

Building *Resilience*

Discovering *Strengths*

Ignite our Potential



**Signature School Programmes
(Orientation Week, Camps, BMW etc)**



**Values and Leadership inculcation in
Co-Curricular Programmes (CCA,CCE,SLB etc)**



Sec 3 Outdoor Adventure Level Cam 28 to 30 May 2025 (3 Days 2 Night)

- **Residential Outdoor Adventure Learning Camp** for Secondary Three students
- Experience beyond the classroom
- Confidence and courage to step out of their comfort zone and stretch their limits,
- Personal responsibility and to foster class spirit by promoting mutual understanding, trust, and respect

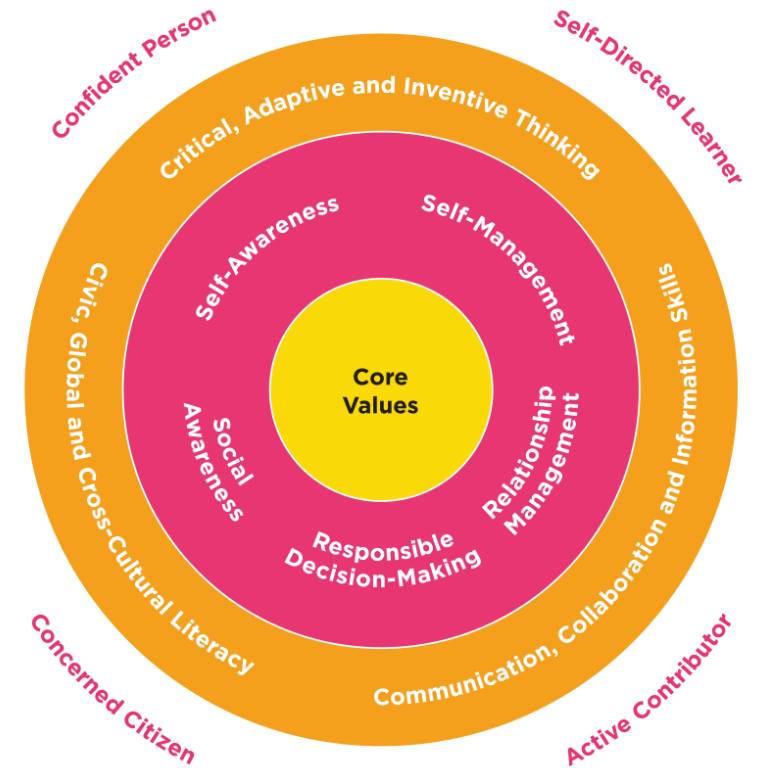
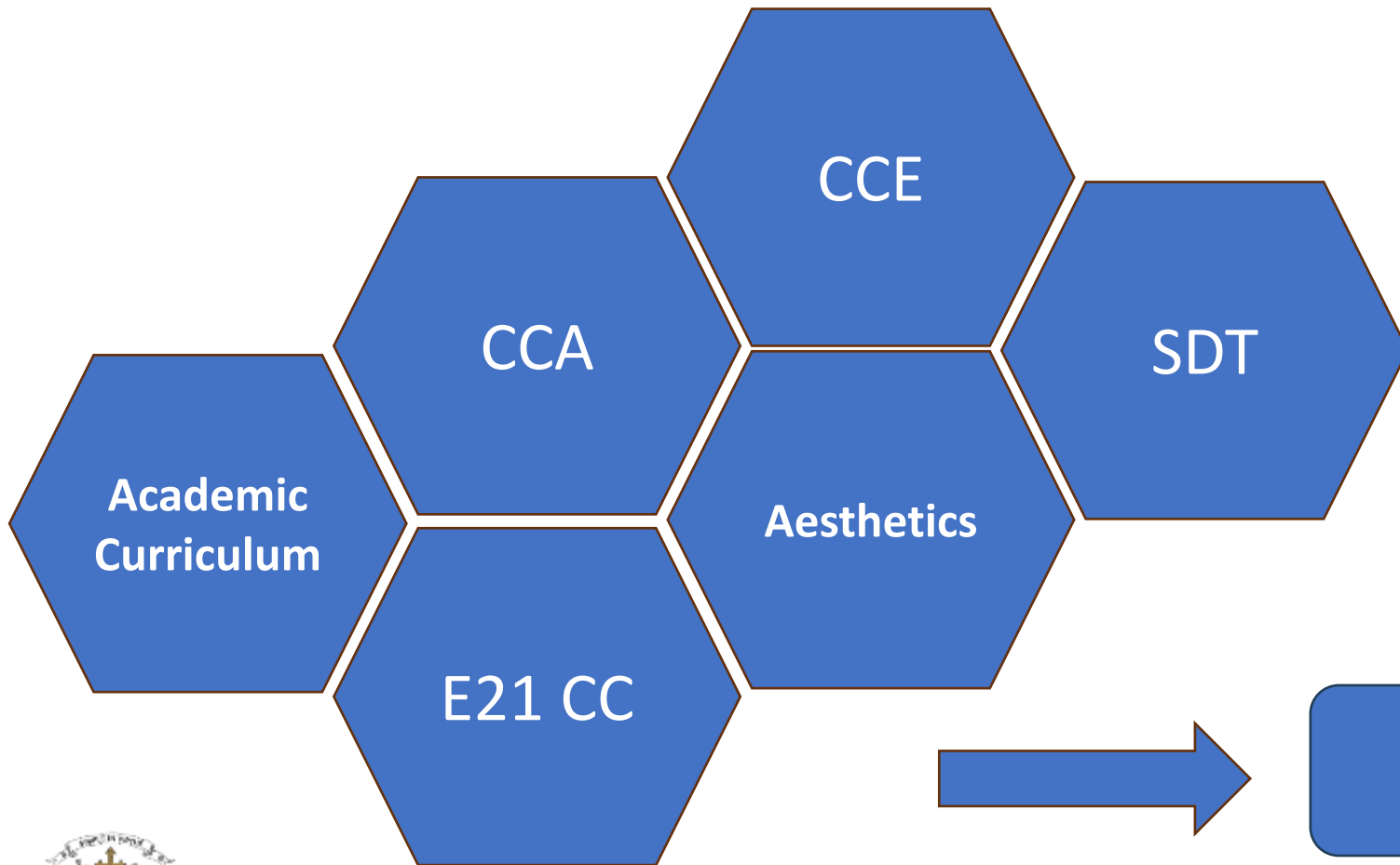
More details will be shared by our PE Department through PG at a later date



Passion Waves @ Pasir Ris



Holistic Development through enriching student experiences



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WHAT TO LOOK FORWARD TO THIS YEAR?

JANUARY

SAIL Orientation
NRIC Registration
Sec 3 Parent
Engagement
NSG

FEBRUARY

Term 1 WA
Leadership training/
workshops
NSG

MARCH

MT Fortnight
Honours Day
March Holidays

APRIL

BMW
Term 2 WA
SYF

MAY

KC 95 celebrations
Student Leaders Investiture
Shakespeare in the Park
Level Camp

JUNE

June Holidays

JULY

Term 3 WA
NSG
RHD

AUGUST

National Day
Celebration
Term 3 WA

SEPTEMBER

September Holidays
CCA Stand Down
EL & MTL Orals
End of Year Exams

OCTOBER

End of Year Exams

NOVEMBER

Sec 3 AP and Extended AP
Sec 3 Internationalization
Programme
KC Open House

Becoming a Grad
cohort in 2026



Current and Emerging Trends : Understanding the world of your Adolescent

***Sec 3 Year Head
School Counsellor***



Where do you place yourself?

**BABY
BOOMERS**

BORN:
1946 – 1964



**GENERATION
X**

BORN:
1965 – 1979



**GENERATION
Y**

BORN:
1980 – 1994

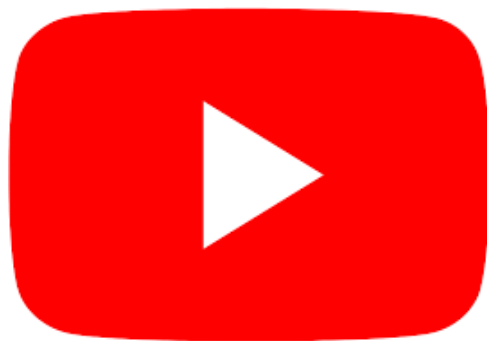
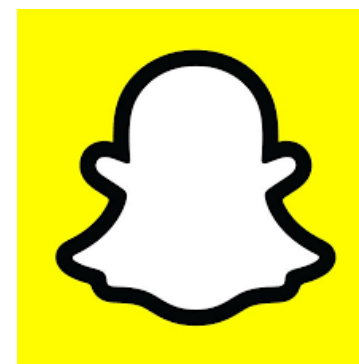


**GENERATION
Z AND ALPHA**

BORN:
1995 – 2009 (Gen Z)
2010 onwards (Alpha)



Quiz Time!



Can you spot the vape?



Some Youth “Trends” (the list goes on..)

The New York Times

Teens Turn to TikTok in Search of a Mental Health Diagnosis

While social media can help people feel less alone, using it to evaluate symptoms has several downsides.



Current reality on Vaping – Rising trend vs Risk of exposure

Second Minister for Education Maliki Osman told Parliament in October 2023 that about 800 students were referred to the Health Sciences Authority for vaping offences in 2022. This is an increase from 2019 and 2018, when the total for both years was fewer than 50.

He said that although schools and institutes of higher learning have stepped up checks in recent years, it is likely that there is under-detection.

In Singapore, the [vaping situation](#) has been worsening steadily. The purchase, use or possession of vapes jumped 58 per cent to about 7,900 cases in 2023, from about 5,000 cases in 2022.



What we are doing AND will continue to do...



Educate and Informing



Positive Peer Support



Social Media and our Youths

Expression

How they express their opinions and feelings

Information Flow

Less discerning of what they receive in cyber world

Relationship with others

Emotional Regulation

Managing their insecurities



Cyber Bullying

The Big Read: Cyberbullying is more rampant and damaging to young lives than we think. It's time to take it seriously

WHAT PARENTS CAN DO

For children who are cyberbullied, Ms Ann said parents should teach them to follow four steps:

1. Stop: Do not respond to the cyberbully, or comment or share the post
2. Block: Prevent the cyberbully from contacting the victim by blocking
3. Save: Screenshot a copy of the message or post as evidence
4. Tell: Report the cyberbullying incident to a trusted adult

Beyond taking action when children are cyberbullied, cybersecurity experts said that parents need to better educate their children on online safety as a preemptive measure.



Parent Kit



Raising a Digitally Smart Child

With the **growing role of technology** in communication, learning and recreation, how can you support your child in:

1. Practising appropriate device usage?
2. Managing over-reliance on devices?
3. Handling Cyber Bullying?
4. Showing Cyber Kindness?
5. Discerning real news from fake news?

As a parent, you can...

- Be actively involved in your child's use of technology.
- Role model good online behaviour.
- Stay updated on emerging digital trends influencing your child.



Readily Available Resources

<https://www.moe.gov.sg/parentkit>



Join our PSG! Your involvement
makes a difference!



Be a part of KC PSG family!

Contact us! kc.ptsg@gmail.com



Scan me

~ I] Friends are friends for life ~

Parent Support Group

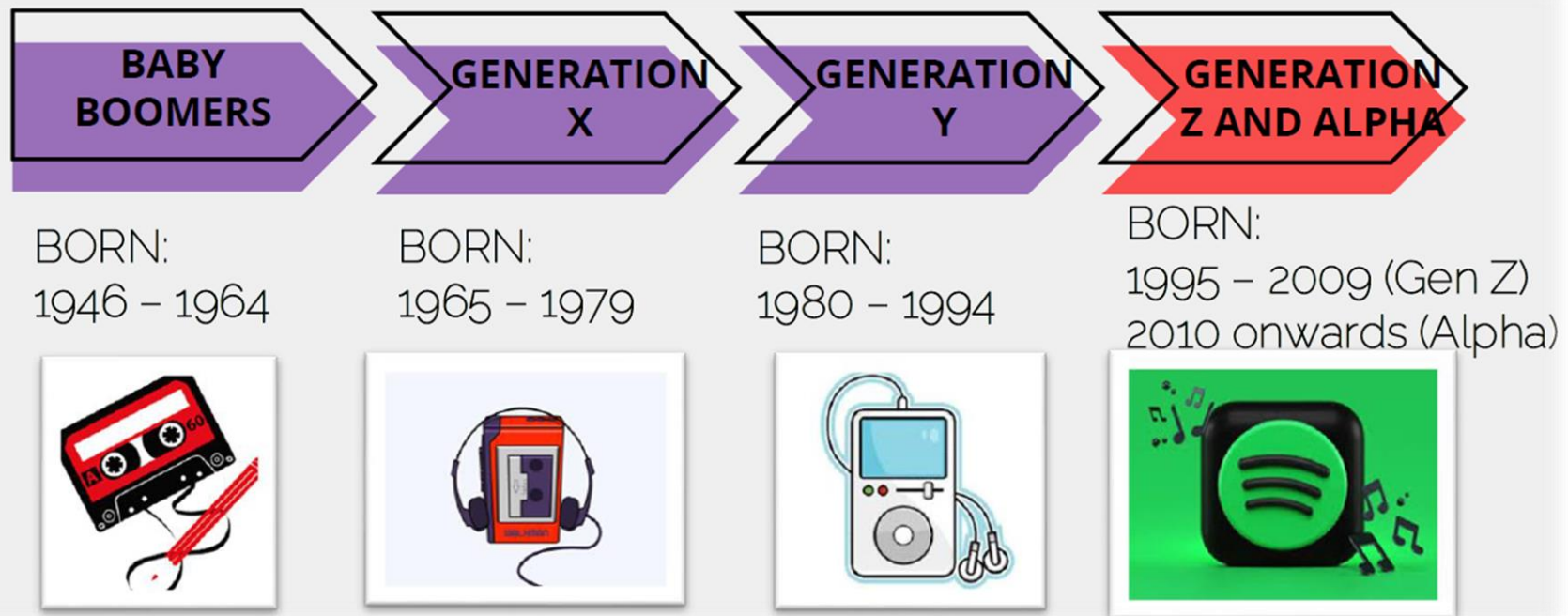
Another channel of support
for you

Another avenue to be
involved in your child's
development in school

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Bridging the Divide:
Parent – Child Connection is the strongest upstream
intervention available to mankind



Dialogue with Sec 3 Form Teachers (Sec 3 Classrooms)



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